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#### **ABSTRACT**

This report, covering the program year 1987-1988, is designed to inform the Congress of the status of children with disabilities in Head Start programs. The report states that the program's mandate of having 10 percent or more of the total number of enrollment opportunities in Head Start programs available for handicapped children was met in each state or jurisdiction except Alaska, the Virgin Islands, and the Pacific Territories. Head Start nationally achieved a 13.3 percent level of enrollment of children with professionally diagnosed disabilities. Head Start is the largest program that integrates preschool children with disabilities in group experiences with nondisabled children on a systematic basis. The number of children with disabilities served by Head Start programs increased from 65,276 in 1987 to 65,740 in 1988. Head Start programs were unable to enroll 4,096 potentially eligible children with disabilities because of age requirements or lack of vacancies. Special education or related services provided by Head Start staff include individualized teaching, speech therapy and language stimulation, and transportation. Special services provided by other agencies include medical and psychological diagnosis, evaluation or testing, special therapy and language stimulation, and medical treatment. Appendixes contain guidelines on diagnoctic criteria, a list of participants in the Resource Access Project Network, and tables showing numbers of children with disabilities in Head Start by state. (JDD)



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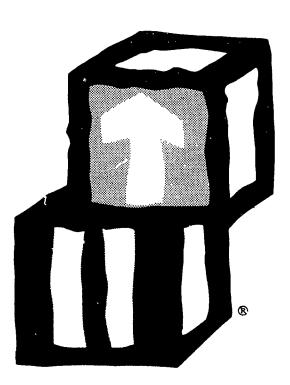
Administration for Children and Families Administration for Children, Youth and Families Head Start Bureau



# The Status of Handicapped Children in Head Start Programs

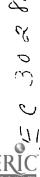
Sixteenth Annual Report of the U.S. Department of Health and Human Services to the Congress of the United States on Services Provided to Children with Disabilities in the Head Start Program

1991



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## THE SECRETARY OF HEALTH AND HUMAN SERVICES WASHINGTON, D.C. 20201

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#### FOREWORD

Head Start provides educational, medical, nutritional, dental and mental health services for children from low-income families, along with parent involvement and social services for their parents. In the 1987-1988 program year, comprehensive developmental services were provided to 515,931 children. Of these, the number of children with disabilities served was 65,740, or 13.3 percent of the total enrollment. As they have each year since 1972, Head Start programs worked hard to identify and serve children with disabilities during their important preschool years.

This Administration is committed to maintaining and expanding its support to Head Start, believing that it gives children from low-income families a better start in life. For children with disabilities, opportunities to learn, to play and to interact with children without disabilities and to be part of a comprehensive program such as Head Start are especially important. For the past 25 years, Head Start has been available and accessible to many of these children.

Community-based services and the working relationships which Head Start has developed with other agencies and organizations, such as local public schools and health providers, are critical to Head Start's success. These relationships have augmented the special services for children with disabilities which Head Start provides directly. They have also played an important part in enabling Head Start to increase the number of children with disabilities served from 22,807 in 1972 to 65,740 in 1988. In addition, 49 interagency agreements with State Education Agencies were in effect in 1988, indicating the acceptance of Head Start as a full partner in providing preschool services for children with disabilities. I commend the Head Start program for its special achievements in serving the interests of economically disadvantaged families and the special needs of children with disabilities.

Louis W. Sullivan, M.D.



#### SUMMARY

Section 640(d) of the Head Start Act, as amended [42 U.S.C. 9835(d)], requires "that for fiscal year 1982 and thereafter no less than 10 percent of the total number of enrollment opportunities in Head Start programs in each State shall be available for handicapped children, and that services shall be provided to meet their special needs." The Head Start Program met this mandate for the 1987-1988 program year in each of the States except Alaska. Puerto Rico, the District of Columbia, the American Indian programs, and the Migrant programs all also met the goal. Only the Virgin Islands and the Pacific Territories fell short of the 10 percent mandate.

All grantees completed the Program Information Report (PIR), which provides information about children with disabilities, for the 1987-1988 program year. Analyses of the PIR data show that Head Start nationally achieved a 13.3 percent level of enrollment of children with professionally diagnosed disabilities.

The enrollment and mainstreaming of children with disabilities has become a characteristic feature of local Head Start programs. In 1988, all Head Start programs reported serving at least one child with disabilities. Head Start continues to be the largest program that integrates preschool children with disabilities in group experiences with non-disabled children on a systematic basis, i.e., that mainstreams preschool children with disabilities.

Preschool programs that integrate children with disabilities give disabled children a chance to learn and play with children who will someday be their co-workers, friends, and neighbors. Both groups benefit most from being together on a regular basis during the years when their attitudes and perceptions of themselves and others are most pliable. In addition, the child with disabilities begins to develop a sense of control over his or her own life and a capacity to function among other people in spite of a disability.

This report is based on data from the PIR which was completed by Head Start programs in June 1988. Therefore, the data used in this report are frequently cited as 1988 data, although the report covers program year 1987-1988.

#### Highlights are:

O The number of children with disabilities served by Head Start programs increased from 65,276 in 1987 to 65,740 in 1988 -- an increase of 467.



- o Children professionally diagnosed as disabled increased to 13.3 percent of the total enrollment in full year programs in 1988. By comparison, in 1987, children professionally diagnosed as disabled accounted for 12.7 percent of total enrollment.
- o In 1988, all Head Start programs had enrolled at least one disabled child.
- o In 1988, Head Start programs reported that they were unable to enroll 4,096 potentially eligible children with disabilities located by them or referred to them. The reasons most frequently reported were that the children did not fit the age requirements or that there were no vacancies. In 1987, programs reported that they were unable to enroll 3,355 children with disabilities.
- o The distribution of children with disabilities in Head Start, categorized by primary disabling condition, is: 66 percent speech impaired, 10.6 percent health impaired, 5.7 percent specific learning disability, 4.7 percent physically disabled, 4.5 percent seriously emotionally disturbed, 4.2 percent mentally retarded, 2.1 percent hearing impaired, 1.9 percent visually impaired, 0.2 percent deaf, and 0.2 percent blind.
- o In 1988, 16.5 percent of the children with disabilities enrolled in Head Start programs had multiple disabling conditions. This reflected a slight decrease from 17.1 percent in 1987.

Head Start programs reported that special education or related services are provided to children with disabilities by Head Start staff. These include individualized teaching, speech therapy and language stimulation, and transportation. Special services were also provided to Head Start children by other agencies. Examples include medical and psychological diagnosis, evaluation or testing, special therapy and language stimulation, and medical treatment.

Head Start programs also reported that the following special services were provided to parents of children with disabilities: counseling, referrals to other agencies, visits to homes or hospitals, parent conferences with technical staff and other parent meetings, transportation, literature and special teaching equipment, workshops, medical assistance, and special classes.



Head Start programs reported working with other agencies in several ways:

- Thirty-one percent of the children with disabilities, or 20,565 children, were professionally diagnosed prior to the beginning of the program year. Some of these children were referred from other agencies and some had received services in Head Start the previous year.
- o Fifty-nine percent of the children received special education or related services from other agencies. Of these children, the overwhelming majority (92 percent) received special education and related services from a combination of Head Start and other agencies.
- There were 49 agreements with State Education Agencies or those in the Territories, 1,555 written or informal agreements with local education agencies, and 1,539 written or informal agreements with other agencies regarding services for children with disabilities.

In 1988, Head Start continued its strong emphasis on meeting the needs of children with disabilities. Local programs continued to cooperate with other agencies to make maximum use of limited resources and to provide the appropriate special services which have become hallmarks of Head Start.



#### CHAPTER 1

#### Children With Disabilities in Head Start

#### A. Purpose of This Report

This is the Sixteenth Annual Report to the Congress on "The Status of Handicapped Children in Head Start Programs."

Pursuant to Section 640(d) of the Head Start Act, as amended [42 U.S.C. 9835(d)], the purpose of this report is to inform the Congress of the status of children with disabilities in Head Start programs, including the number of children being served, their disabling conditions and the services being provided to them.

This report discusses the status of children with disabilities in full year Head Start programs in 1987-1988. It is based on the Program Information Report (PIR) survey for that year, a survey to which all programs responded. In 1988, Head Start programs were funded to serve 452,389 children. However, the total number of children who were served during the year was 515,931. This total enrollment figure includes children who were enrolled for less than a full year but received some services.

Almost all Head Start programs are full year programs that operate eight to twelve months of the year. Thirty-six Parent and Child Centers (designed to serve children from birth to three years of age and their families) were included in the 1987-1988 PIR survey for the third time.

#### B. Background Information

The following information on the Head Start program describes the context in which special services are provided. In 1988, Head Start served 38 percent of all eligible children for one year before they entered school. A full range of ethnic groups was represented, with 4 percent of the children being American Indian, 22 percent Hispanic, 38 percent Black, 33 percent white and 3 percent Asian.

The diversity of Head Start children is also shown by the array of their dominant languages. Programs reported that, in the 1987-1988 program year, English was not the dominant language for 102,875 children (20 percent of those enrolled). Among these children, Spanish was the most frequently used language (81,541), followed in descending order by Vietnamese (2,319),



1

Chinese (1,682), Hmong (1,576), Haitian (1,542), Cambodian (1,275), French (326), Korean (315) and Japanese (33). Particularly noteworthy is the fact that, for 12,266 additional children, other (unspecified) languages were dominant. The diversity of dominant languages makes more difficult the challenge of screening, assessing and providing appropriate services to children with disabilities.

Each Head Start program carries out a community needs assessment and is encouraged to use non-Head Start resources in the community, saving scarce resources for services not available elsewhere. Head Start agencies are required to establish procedures to obtain payment for services provided to children from other agencies which are responsible for those services as stated in Section 642(b)(4) of the Head Start Act, [42 U.S.C. 9837(b)(4)]. With respect to medical or dental services, payments may not be made with Head Start funds if funding is available from non-Head Start sources [45 C.F.R. 1304.3-4(a)(1)]. Fifty-two percent of the Head Start children are enrolled in the Medicaid/Early Periodic Screening Diagnostic and Treatment (EPSDT) program, which pays for medical and dental services. Ninety-four percent of the Head Start families received social services from Head Start and/or through referrals to other agencies.

For every five children enrolled, at least four Head Start parents are providing a volunteer service. Slightly more than 34 percent of the staff are parents of current or former Head Start children, and many parents have built upon their experiences in Head Start to enter other career fields.

It has been estimated that there are 241,000 Head Start eligible three to five-year-old children with disabilities in the United States. Although there are various programs available to assist children with disabilities, Head Start makes a notable contribution, particularly for those children with disabilities who can benefit from a comprehensive developmental experience in a mainstream setting, one that integrates disabled and non-disabled children. The number of children with disabilities enrolled in Head Start has risen since 1973 (when the data from the PIR were first reported) from 22,807 to 65,740 children in the 1988 program year.

Children with disabilities enrolled in Head Start programs received the full range of child development services required for all children by the Head Start Program Performance Standards [45 CFR 1304]. These include education, parent involvement, social services, and nutrition and health services (medical, dental, and mental health). In addition, they



received the special education and related services required by the Head Start legislation. The Head Start programs reported special efforts to enroll and serve more severely disabled children. Programs provided assessment and diagnosis by professionals to evaluate accurately the nature and severity of each child's disability in order to serve the child most effectively.

Head Start programs are also involved in several national efforts to serve children with disabilities. Under the Education for All Handicapped Children Act of 1975 (P.L. 94-142), each State's maximum allocation is based on the number of children with disabilities, three through 21 years of age, currently being served [20 U.S.C. 1411(a)(1)(A)]. As a major provider of services to preschool children with disabilities, Head Start program personnel work with local education agencies to ensure that children who have been professionally diagnosed as disabled and who are receiving Head Start services are included in the State "Child Count" [34 C.F.R. 300.750]. addition, Head Start programs coordinate their searches for unserved children with disabilities with the Statewide "Child Find" efforts required under P.L. 94-142 [34 C.F.R. 300.220]. Head Start personnel also utilize other resources such as the Crippled Children Program, Title V of the Social Security Act.

The Administration for Children, Youth and Families (ACYF) has funded a network of projects called Resource Access Projects (RAPs) to provide training and technical assistance to Head Start grantees to enable them to serve children with disabilities and their families. In 1977, an interagency agreement between ACYF and the Office of Special Education Programs in the Department of Education designated the RAPs as liaisons between Head Start and the State Education Agencies (SEAs). The RAPs have been facilitating the participation of Head Start grantees in the development of State plans for preschool children with disabilities as supported under P.L. 94-142 and the 1986 Amendments, P.L. 99-457.

Formal collaborative agreements describing how Head Start and SEAs will coordinate services to preschool children with disabilities are now in effect in 49 States and Territories.

The RAP training is based on an annual needs assessment. The training includes the use of eight program manuals designed to assist teachers, parents, and others (such as diagnosticians and therapists) in mainstreaming children with disabilities. The manuals were developed in collaboration with teams of national experts and Head Start teachers under the direction of the Head Start Bureau.



Parent involvement is a keystone of the Head Start program. Parents have opportunities to participate actively on Policy Councils, to volunteer in the program, and to learn about child development and disabling conditions.

To ensure appropriate special services and the optimal transition by disabled Head Start children into public school, Head Start personnel help parents participate in developing an Individual Education Program (IEP) for each child with disabilities. The Administration for Children, Youth, and Families (ACYF) has applied its experience with the transition process for children with disabilities to the needs of all children as they leave Head Start for other programs. During the 1987-1988 program year, materials on effective transition strategies were widely disseminated within Head Start and made available to public schools and other agencies.

The RAPs have developed complementary materials to assist in the smooth transition of children with disabilities.

# C. Overview of Head Start Policies on Services to Children With Disabilities

Section 640(d) of the Head Start Act [42 U.S.C. 9835(d)] requires "that for fiscal year 1982 and thereafter no less than 10 percent of the total number of enrollment opportunities in Head Start programs in each State shall be available for handicapped children and that services shall be provided to meet their special needs." The data presented here reflect Head Start efforts to respond to this legislative mandate.

In addition, the Head Start Act specifies the definition of children with disabilities provided in paragraph (1) of Section 602 of P.L. 91-230, the Education of the Handicapped Act, as amended [20 U.S.C. 1401(a)(1)]. That Act defines the term handicapped children as "mentally retarded, hard of hearing, deaf, speech or language impaired, visually handicapped, seriously emotionally disturbed, orthopedically impaired, or other health impaired children, or children with specific learning disabilities, who by reason thereof require special education and related services." Children with disabilities must meet the eligibility requirements for Head Start programs. Eligibility refers to the ages of the participating children (between three years and the age of compulsory school attendance) and family income (at least 90 percent of the children must be from low-income families, including families receiving public assistance).

All Head Start programs must meet the requirements of the Program Performance Standards as specified in the regulations



[45 CFR 1304]. While these regulations clearly define the services to be provided to non-disabled children, they state that programs must be individualized to meet each child's needs. However, no standards have ever been set forth in regulations for services for children with disabilities and their families in Head Start. Based on the definition of children with disabilities, guidance for services to children with disabilities and services to meet the special needs of their parents was distributed to grantees between 1973 and 1980. This was accomplished through various transmittal memoranda and other ACYF policy issuances on such topics as diagnostic criteria.

During the 1984-1986 program years, grantees requested that ACYF consolidate and complete performance standards for services for children with disabilities to complement the general Program Performance Standards. Extensive consultation was held with the field concerning the adequacy and usefulness of the current diagnostic criteria and the comprehensiveness of the current guidance on services to children with disabilities. Head Start directors, coordinators, professional organizations, and technical assistance providers of Head Start services for children with disabilities provided suggestions, comments and The comments indicated that regulations recommendations. The development of draft standards was should be developed. undertaken in 1986-1987. Draft standards were published in the Federal Register for comment in October 1988. Five hundred comment letters were received, and more than 2,000 individual comments were entered into a database for analysis. Final regulations will be published in 1991.

Another major development which affects Head Start services for children with disabilities was the passage of P.L. 99-457, the Education of the Handicapped Amendments of 1986. This landmark legislation mandates State Education Agencies to serve all three-, four and five-year-old children with disabilities by the 1990-1991 school year. The right to a free, appropriate education is extended to these children. Children may be served directly or through contracts. States also were offered funds to plan for services beginning at birth by 1990-1991. At-risk children from birth to age three can be served at State The Head Start Bureau and RAPs disseminated discretion. information to all programs concerning this legislation and its family-centered approach. The legislation is noteworthy because of its emphasis on interagency coordination. response to this legislation, which requires that existing services continue to be provided by all agencies serving young children with disabilities and their families, a Federal Interagency Coordinating Council was established. Head Start

serves as an active partner on this Council. During the 1987-1988 program year the Federal Interagency Coordinating Council sponsored a conference on the implementation of P.L. 99-457. The conference was planned by representatives of Head Start, as well as the Administration on Developmental Disabilities, the Office of Special Education and Rehabilitative Services, the Bureau of Maternal and Child Health, and the National Institute of Mental Health.

The Head Start Bureau has consistently given priority to assisting local Head Start programs to identify, recruit, and serve children with disabilities. These efforts are consistent with Head Start's philosophy of responding to the unique needs and potential of each child and his or her family. Head Start policies that relate to children with disabilities are:

- 1. Outreach and Recruitment Head Start programs are required to develop and implement outreach and recruitment activities, in cooperation with other community groups and agencies serving children with disabilities, in order to identify and enroll children with disabilities who meet eligibility requirements and whose parents desire the child's participation. No child may be denied admission to Head Start solely on the basis of the nature or extent of a disabling condition. However, there are instances where it is determined that such a program experience would not benefit the child.
- 2. Needs Assessment, Screening and Diagnosis - Needs assessment, screening and diagnostic procedures utilized by Head Start programs address all disabilities specified in the legislation in order to provide an adequate basis for special education, treatment and related services. Head Start programs must ensure that the initial identification of a child as disabled is confirmed by professionals trained and qualified to assess disabling conditions. Assessment must be carried out as an ongoing process that takes into account the child's continuing growth and development. Careful procedures are required, including confidentiality of program records, to ensure that no child or family is mislabeled or stigmatized with reference to a disabling condition. Emphasis is placed on ensuring that the needs of all eligible children with disabilities are accurately assessed in order to form a sound basis for meeting those needs.

Diagnostic Criteria and Reporting - In 1975, Head 3. Start, the Office of Special Education Programs (formerly the Bureau of Education for the Handicapped) in the Department of Education, and other agencies that serve children with disabilities reviewed the criteria then being used by Head Start for reporting purposes. Based on that review, an expanded set of criteria was developed which includes the addition of a "learning disabilities" category in order to be consistent with P.L. 94-142, the Education for All Handicapped Children Act of 1975, as amended [20 U.S.C. 1401(a)(1),(15)]. The revised criteria also clarified the reporting of "multiple handicaps." Furthermore, the criteria were specifically tailored to the developmental levels of the preschool population, aged three to five.

In 1978, malnutrition was deleted from the "health impairment" category. A careful review of this category indicated that the inclusion of severe malnutrition was inconsistent with other conditions included under "health impairment." Since then, malnutrition has been dealt with as part of the overall health services reporting and evaluation.

Since program year 1981-1982, the reference to "autistic" children has been deleted from the category "serious emotional disturbance" and added to the category "health impairment" for the subsequent reporting of children with disabilities in Head Start. This was done in accordance with the regulation issued in January 1981 by the Secretary of the Department of Education that made changes in the definition of "handicapped children" under Part B of the Education of the Handicapped Act.

Appendix A presents the diagnostic criteria used in reporting disabling conditions of the children in 1987-1988 Head Start programs.

Head Start policy distinguishes between two groups of children: (1) those children who are disabled as defined in the legislation and who, by reason of their disability, require special education and related services (see Appendix A), and (2) those children who have correctable conditions (e.g., children whose vision with eyeglasses is normal or nearly so) and who do not require special education services. The purpose of making this distinction is

so that only children who require additional education or support services will receive special services to help overcome the effects of the disability. Only these children can be counted for the purpose of the 10 percent enrollment opportunities requirement. Head Start considers as disabled only the children who need special services, namely those whose disability cannot be corrected or ameliorated without special education or related services. Children with minimal or other problems, such as a delay caused by lack of experiences which can be overcome by regular Head Start programming, but who do not require special education services, will continue to receive appropriate Head Start services but are not considered as part of the Congressionally mandated enrollment target. example, the category "speech impairment" states that "conditions of a transitional nature consequent to the early developmental processes of the child" are not to be considered as a disability.

4. Severely Disabled Children - Severely disabled children are enrolled in Head Start when the professional diagnostic resource recommends that the placement would be appropriate for the child.

Some of the children with severe disabilities have been referred from other agencies to Head Start so that they can participate in a mainstream developmental environment. This opportunity for severely disabled children to learn and play with non-disabled children is vital to their optimal development.

Placement is made on the basis of the child's Individualized Education Program (IEP). Certain severely disabled children (e.g., the profoundly retarded) require intensive special services on a one-to-one basis which often cannot be provided in a mainstream setting with non-disabled children. Many severely disabled children have been successfully integrated, some on a part-time basis or by dual enrollment with other organizations.

5. Services for the Disabled Child - Head Start grantees and delegate agencies must ensure that all children with disabilities enrolled in the program receive the full range of comprehensive services available to non-disabled Head Start children, including provision



for participation in regular classroom activities. These services—education, social services, parent involvement, and health services (including medical, dental, mental health and nutrition)—should consider the child's needs, his or her developmental level, and family circumstances. In addition, special education services and support services are provided to meet the unique needs of the individual disabled child.

- 6. Mainstreaming - Since its beginning in 1965, Head Start has maintained a policy of open enrollment for all eligible children, including children with disabilities. As was noted in the Head Start Manual of September 1967, "Head Start encourages the inclusion of mentally or physically handicapped preschool children in an integrated setting with other Head Start children." The legislative requirement that a specific portion of the enrollment opportunities be available to children with disabilities is consistent with Head Start's approach to serving children with disabilities in a mainstreamed setting. This mainstream experience of learning and playing with non-disabled children helps foster a positive self-image and assists the child with disabilities in realizing his or her potential.
- 7. Program Options Head Start programs are encouraged to consider several program options and to select the one best suited to meeting the individual needs of children. These program options, which include the standard five day center-based option, home-based services (with a weekly visit and a monthly group activity for parents and children), and variation in center attendance, allow the flexibility necessary to individualize services to children with disabilities and their families. Within each option, Head Start programs are encouraged to develop an IEP based on a professional's diagnosis and, with input from parents and the teacher, to respond to the child's unique needs and capabilities.

The needs of the individual child are taken into account when services are planned at the IEP meeting. Some fragile children with disabilities are most appropriately served in a combination of home and center placements, for example, while some children receive the most appropriate services through dual placement in Head Start and a specialized agency



program, such as United Cerebral Palsy or Easter Seal Societies. The great majority of Head Start children with disabilities are served in regular center-based programs on a full- or part-time basis where they receive the important benefits of contact with other children.

- 8. Collaboration With Other Agencies As part of the effort to strengthen and expand services to children with disabilities, Head Start programs are required to make every effort to work with other programs and agencies serving children with disabilities in order to mobilize and maximize the available resources and services. Interagency collaborative efforts have been undertaken in the areas of:
  - o outreach, recruitment, identification and referral assistance;
  - o screening, assessment and diagnosis;
  - o provision of treatment and support services; and
  - training and technical assistance.

Local Head Start programs are encouraged to participate in the implementation of P.L. 99-457, the 1986 Amendments to P.L. 94-142, the Education for All Handicapped Children Act. Head Start personnel have been working with local education agencies to ensure that the count of children who have been professionally diagnosed as disabled and who are receiving Head Start services is included in the State "Child Count" on which the allocation of Federal education for disability funds is based. number of Head Start and RAP staff members serve on State Interagency Coordinating Councils, which plan standards and procedures under P.L. 99-457. Start programs are also working with Statewide "Child Find" efforts in the search for unserved children with disabilities. Some Head Start programs are reimbursed by local school systems for providing services to preschool children with disabilities under the Education for All Handicapped Children Act and by other State and local funding auspices. Start actively pursues such arrangements.

The Administration for Children, Youth and Families encourages the development and implementation of

interagency agreements between Head Start at the national and local levels and other Federal, Regional, State, local, and professional agencies and organizations concerned with the education of young children with disabilities and their families. There were 49 agreements in effect between State Education Agencies and Head Start during the 1987-1988 program year, for example. They addressed such matters of mutual interest as screening, training, and the provision of transportation services.

9. Ten Percent Disabled Enrollment by State - Head Start's objective is to achieve at least a 10 percent level of enrollment of children with disabilities in each State and to provide the special education and related services necessary to meet the children's needs. The Human Development Services (HDS) Regional Offices work with individual Head Start grantees to determine enrollment targets, to strengthen recruitment strategies, to develop plans for providing services, and to conduct liaison activities with other community resources.



#### CHAPTER 2

#### Status of Children With Disabilities in Head Start

Section 640(d) of the Head Start Act requires that "the Secretary shall report to the Congress at least annually on the status of handicapped children in Head Start programs, including the number of children being served, their handicapping conditions, and the services being provided such children."

The data contained in this report were obtained through the Handicapped Services section of the Project Head Start 1987-1988 Annual Program Information Report (PIR). The PIR data were collected by the HDS Regional Offices. The Program Information Report was mailed to all Head Start grantees and delegate agencies in May 1988. Head Start programs reported on the status of children with disabilities as of June 30, 1988, or the end of their program year.

The data in this report are based on responses from 1,287 Head Start full year programs. Almost all Head Start programs are full year programs that operate eight to 12 months of the year. Thirty-six Parent and Child Centers (designed to serve children from birth to three years of age and their families) were included in the 1987-1988 PIR survey.

The questionnaire gathered data in the following categories:

- 1. <u>General</u> Number of both disabled and non-disabled children actually enrolled.
- 2. <u>Staff</u> Number of programs with full or part-time coordinators of services for children with disabilities. Type of degrees or licenses held.
- 3. Enrollment of Children with Disabilities Number of children with disabilities enrolled who were professionally diagnosed (reported by disabling conditions, multiple disabilities and age).

Number of children with disabilities who were located by and referred to Head Start programs that were not able to be enrolled.

Number of children professionally diagnosed who dropped out.



Number who underwent diagnosis and were found not to be disabled.

4. <u>Services</u> - Number of children with disabilities, by disabling condition, receiving service; from Head Start and from other agencies.

Agreements with other agencies to provide needed services to children with disabilities.

#### A. Number of Children with Disabilities Enrolled

It has been estimated that there are 241,000 Head Start eligible three- to-five-year-old children with disabilities in the United States.\* Although Head Start cannot meet the needs of all of these children with disabilities, it is making a notable contribution. A Head Start experience is particularly valuable for those children with disabilities who need a comprehensive developmental experience in a mainstream setting that integrates disabled and non-disabled children. The number of children with disabilities enrolled in Head Start has increased since the data were first reported in 1973. November-December 1973, Head Start programs were serving 22,807 children with disabilities or 10.1 percent of their enrollment. As of June 1988, Head Start programs reported that they had served 65,740 children with disabilities, or 13.3 percent of their enrollment during the 1987-1988 program year. small fraction of these children were fully integrated into regular Head Start programs. Integrated programs provide peer models and higher levels of cognitive, language, and social stimulation than can be offered by programs serving only the disabled.

#### Highlights:

o There were 65,740 children with disabilities served in Head Start programs in 1988. This represents an increase of 467 children over the 65,276 children with disabilities served in 1987. Children professionally diagnosed as disabled accounted for



<sup>\*</sup> The March 1987 Current Population survey conducted by the Bureau of Census reported that the number of children in poverty in the age group three to five is 2,441,000. Based on the estimated prevalence of children with disabilities used by the Office of Special Education Programs, U.S. Department of Education, it is estimated that 10 percent, or 241,000, of these children are disabled.

- 13.3 percent of children professionally diagnosed as disabled accounted for 13.3 percent of total actual enrollment in Head Start programs, a slight increase from the 12.7 percent in 1987.
- O Children professionally diagnosed as disabled accounted for at least 10 percent of all Head Start enrollment in each of the 50 States.
- O American Indian programs, the Migrant programs and Puerto Rico met the goal in 1988.
- o The District of Columbia also exceeded the 10 percent enrollment requirement, with 11.5 percent. Only the Virgin Islands and the Pacific Territories were below the 10 percent level.

During 1986-1987 a number of Pacific Territories elected to become independent of the United States. As a result, funding for the Head Start programs on Yap, Truk, Palau, Ponape and the Commonwealth of the Mariana Islands was reduced in accordance with a phase-out plan. Technical assistance was also removed. As a result of this change, the number of children with disabilities enrolled and served decreased to 5.2 percent.

(Appendix C provides disabilities enrollment data for each State and Territory, as well as for the Indian and Migrant programs.)

The ACF Regional Offices are working with Head Start programs in these areas to identify the reasons for the level of enrollment of children with disabilities and to devise specific strategies, such as increasing coordination of resources, for expanding enrollment of children with disabilities.

Each full year Head Start program served at least one child with disabilities. Table 1 indicates that services are provided for infants and toddlers as well as preschoolers. It reflects recognition of the importance of providing special assistance as early as possible. Of the 65,740 children with disabilities served by Head Start programs, 1.5 percent were less than three years of age, 22.3 percent were three years old, 66.1 percent were four years old, 9.1 percent were five years old, and about 0.3 percent were six years or older. (Head Start children six years of age or older are in communities where there are few programs that provide appropriate services. The number of six year olds, 168, declined from 234 in the previous program year as more outside placements became available.)



TABLE 1

#### Ages of Children Professionally Diagnosed as Disabled

Ages	Numbers
Under 1 Year	116
1 Year Old	251
2 Years Old	586
3 Years Old	14,661
4 Years Old	43,429
5 Years Old	6,529
6 Years and Older	168

Data were collected on the dropout rate for children with disabilities for the fifth time in the 1987-1988 PIR. Of the total number of children with disabilities served in Head Start during the 1987-1988 operating year, 5,770 or 8.8 percent dropped out during the operating period. This is a substantially lower proportion than reflected for all children enrolled in Head Start in 1987-1988, when 14.8 percent of the total actual enrollment dropped out during the operating period. Further, of the total number of children who dropped out, 7.5 percent were children with disabilities. This is also substantially lower than the proportion of children with disabilities to the total actual enrollment (13.3 percent).

In each of the five years during which these data have been collected, the percentage of children with disabilities dropping out has been less than the percentage of dropouts for the total enrollment. This may indicate that the parents of the children with disabilities realize the importance of early services for their children and may be making a greater effort not to move the children during the program year. They may also consider the services beneficial to their children to a higher degree than do the parents of the non-disabled children. An absence of other service options may also be a large factor.

#### B. Types of Disabilities

Head Start is mandated to serve children with a broad range of disabilities such as those who are mentally retarded, hard of hearing, deaf, speech impaired, visually disabled, seriously emotionally disturbed, orthopedically impaired, or other health impaired children, or children with specific learning disabilities who by reason thereof require special education and related services.



The types of disabling conditions of those children professionally diagnosed as disabled are presented in Table 2 as a proportion of the total population of children with disabilities in Head Start programs in 1988. Of the children with disabilities enrolled in Head Start, 66 percent have been diagnosed as speech impaired. This is by far the largest category of children with disabilities served in Head Start programs. However, Head Start requires that all children be professionally diagnosed. A previously completed study on the speech impaired children determined that most of the children categorized as speech impaired in Head Start had been appropriately diagnosed.

In their reports to the Office of Special Education over the last decade, State Education Agencies have reported an even higher proportion of preschool age, speech impaired children being served under P.L. 94-142. Thus, the proportion of speech impaired children served by Head Start is consistent with the proportion of preschool children in the larger population served under P.L. 94-142 by public schools, as well as with reports from other preschool programs. The ACYF maintained a focus on working with speech and language impaired children and also stressed the prevention of such impairment in the training and materials provided for Head Start programs in 1987-1988. The RAPs provided training sessions on language development, speech skills, and otitis media (middle ear infection, which is very prevalent among preschoolers and can adversely affect speech and language development). Additionally, a RAP Task Force continued to study ways to access related services, particularly speech and language therapy.

#### TABLE 2

# Types of Disabling Conditions of Children Professionally Diagnosed as Disabled Total Number and Percent of Children Professionally Diagnosed

Disabling Condition	Number of <u>Disabled</u>	Percent Diagnosed as <u>Disabled</u>
Speech Impairment	43,364	66.0
Health Impairment	6,971	10.6
Specific Learning Disability	3,776	5.7
Physical Disability		
(Orthopedic)	3,089	4.7
Serious Emotional Disturbance	2,927	4.5
Mental Retardation	2,750	4.2
Hearing Impairment	1,355	2.1
Visual Impairment	1,274	1.9
Blindness	122	0.2
Deafness	112	0.2
		<del> </del>
Total	65,740	100.0

The distribution in the 1987-1988 program year was very similar to that reported in the previous year.

#### C. Severity of Disabilities

Head Start serves a significant proportion of children with severe or multiple disabilities. Such children present additional challenges to Head Start staff in the planning and provision of individualized services. Head Start policy requires that the individual plan of action for special education, treatment, and related services be based on the child's specific disabling condition(s) and the unique needs arising from those conditions. A child with multiple disabilities is likely to need a variety of treatments and services. A deaf-blind child, for example, might need mobility skills training, auditory training for use of slight residual hearing, occupational therapy to develop small motor skills, and pre-Braille training. Head Start staff, in conjunction with other professionals and the child's family, have to set priorities and objectives, and have to tailor services for that child in order to provide a focused, systematic plan of action.



In 1988, 10,847 (16.5 percent) of the children with disabilities enrolled in Head Start programs had multiple disabling conditions. This is a slight decrease from the number and percent of children with multiple disabilities reported last year, i.e., 11,184 or 17.1 percent.

The highest incidence of multiple disabling conditions occur among children whose primary disability is deafness (52.7 percent) and children whose primary disabling condition is mental retardation (58.4 percent). Speech impaired children show the lowest incidence of multiple disabilities (8.9 percent). Table 3 provides specific data by primary disabling condition on the number of children who have multiple disabling conditions.

<u>Distribution of Children Who Have One or More Disabling</u>
Conditions by Primary or Most Disabling Condition

TABLE 3

Primary Condition	Total Number of Children	Children With Other Disabling Conditions	Percent With Multiple Disabling Conditions
Blindness Visual Impairment Deafness Hearing Impairment Physical Disability Speech Impairment Health Impairment Mental Retardation Emotional Disturbance Learning Disability	122 1,274 112 1,355 3,089 43,364 6,971 2,750 2,927	43 241 59 548 1,010 3,743 1,409 1,605	35.24 19.00 52.70 40.44 32.70 8.60 20.20 58.36 25.60
Total	65,740	10,847	16.50

The Administration for Children, Youth and Families continues to pursue an active outreach and recruitment effort for enrolling and serving severely disabled children. The agency encourages sharing resources and joint enrollment with other programs and agreements between Head Start programs and local education agencies. Additional materials have been developed for use by the Resource Access Projects in training programs to work with severely disabled children.



#### CHAPTER 3

#### Services to Children With Disabilities

In program year 1987-1988, local Head Start programs developed and carried out activities and services of direct and immediate These activities and benefit to children with disabilities. services started with the active recruitment of children with disabilities, particularly more severely disabled children, who might benefit from Head Start. Programs provided assessments and diagnoses to evaluate accurately the nature and severity of each child's disability in order to serve the child most effectively. Head Start programs continue to increase their own resources and other capabilities to meet the needs of the children with disabilities enrolled. In addition, the programs use other agencies as sources of special services. This chapter reports on the degree to which these activities and services are being performed and reports on the utilization of staff, facilities, and materials.

#### A. Outreach and Recruitment of Severely Disabled Children

Head Start programs reported these steps taken to enroll and serve more severely disabled children: coordination with other agencies serving severely disabled children, sharing services with other agencies serving severely disabled children, and specific outreach and recruitment procedures aimed at recruiting severely disabled children. Programs reported that they held orientation sessions for local diagnosticians and provided them with special materials. Programs also reported making changes in recruitment and enrollment criteria.

Head Start programs and other agencies serving severely disabled children have come to recognize the roles of each in providing services. Generally, the Head Start program serves as the primary provider of mainstreamed learning experiences, while the other agencies provide some or all of the needed special services.

#### Reasons For Not Enrolling Some Children With Disabilities

Head Start programs reported that they were not able to enroll 4,096 children with disabilities located by or referred to them. In 1987, programs reported that they were not able to enroll 3,355 children with disabilities. As in previous years, the most common reasons given were: the children did not fit the age requirements, other agencies serve these children, and there



were no available openings. The nature of the Head Start mandate is not to serve every child with disabilities who might apply but to ensure that at least 10 percent of the enrollment opportunities are made available to such children. The majority of children enrolled in Head Start programs do not have disabilities. This circumstance makes it possible to maintain a typical setting into which children with disabilities can be mainstreamed. Children who cannot be served in Head Start are referred to other programs. ACYF is participating with other members of the Federal Interagency Coordinating Council in the development of an interagency agreement to improve the coordination of early identification, referral and service provision for young children with disabilities.

## B. Diagnosis and Assessment of Children With Disabilities

The Head Start statutory definition of children with disabilities excludes from reporting as disabled those children with correctable conditions who do not need special services, or children who will not require services additional to those which Head Start programs regularly provide.

In order to meet the legislated requirement for reporting, to identify the needed special education and related services, and, more importantly, to ensure that children who are considered disabled are not mislabeled or misdiagnosed, Head Start requires that each child reported as disabled be diagnosed by appropriate professionals. At the time of data collection, all of the 65,740 children reported as disabled had been diagnosed by qualified professionals. This includes children referred to Head Start by other agencies or individuals and diagnosed prior to Head Start enrollment. In the 1987-1988 program year, 31 percent had either been diagnosed and referred to Head Start by other agencies or individuals outside Head Start or diagnosed by Head Start prior to the start of program services in the fall. Enrolling children who have already been diagnosed by other agencies is a cost-saving procedure which encourages prompt provision of services.

Head Start encourages timely screening and assessment of all children entering the program. Of the children who were not referred with a diagnosis but were diagnosed through Head Start efforts, more than half (51 percent) were diagnosed between the time of enrollment in Head Start and January 31, 1988. In addition to the 65,740 children diagnosed as disabled, Head Start provided assessments for another 21,436 children who had failed screening or been referred, but were found to be not disabled.



Head Start programs are encouraged to work with other agencies and private diagnostic providers and to use the following strategy for each child suspected of being disabled:

- Step 1: An interdisciplinary diagnostic team (or an appropriate professional qualified to diagnose the specific disability) makes both a categorical diagnosis and a functional assessment. Head Start diagnostic criteria (see Appendix A) are used to make a categorical diagnosis. The categorical diagnosis is used primarily for reporting purposes and for overall program planning. The categorical diagnosis is consistent with procedures Head Start programs must follow to ensure confidentiality and to guard against mislabeling. No individual child is identified publicly as "disabled." Only the aggregated numbers of children with specific disabling conditions are reported by local Head Start programs to ACYF.
- Step 2: The diagnostic team also develops a <u>functional</u> assessment of the child. The functional assessment is a developmental profile that describes what the child can and cannot do and identifies areas that require special education and related services. The primary purpose of diagnosis is the functional assessment. The parents and child's teacher should be active participants in the functional assessment and contributors to the diagnostic file.
- Step 3: An Individualized Education Program (IEP) is developed based on the functional assessment and becomes part of the diagnostic file. The plan reflects the child's participation in the full range of Head Start comprehensive services and also describes the special education and related services needed to respond to the child's disability. The plan spells out classroom activities, involvement of parents, and special services provided by Head Start or other agencies. The plan is developed in concert with the diagnostic team, the parents, and the child's teacher.
- Step 4: Ongoing Assessment of the child's program is made by the Head Start teacher, the parents, and, as needed, by the diagnostic team. The IEP and the delivery of services are modified, if needed, based on this periodic evaluation.
- Step 5: The Head Start program makes appropriate arrangements for continuity of services when the child leaves the program. This may include (1) updating the assessment information with the development of recommendations for future treatment; (2) conducting an exit interview with parents, schools, and other agencies describing the services rendered to and needed by the

child; and (3) transferring of files, with parental consent. The public school is the primary agency responsible for following up to ensure continuity of services after the child leaves the Head Start program.

Staff interchange between Head Start programs and outside diagnostic providers to form a combined diagnostic team, with close and continuing involvement of the parents, appears to be the best way to ensure that the above strategy of diagnosis and assessment is implemented. Because many Head Start programs do not have all of the necessary staff expertise in this area, a working relationship with various other diagnostic providers in the community facilitates a comprehensive approach to assessment.

#### C. Mainstreaming and Special Services

In mainstreaming children with disabilities before the age of five, Head Start has built on accepted principles of the importance of the early years in all aspects of a child's development. All children share the same basic needs for love, acceptance, praise, and a feeling of self-worth. developmental early childhood programs address themselves to the child's individual strengths, weaknesses, mode of learning, and special problems. Head Start attempts to meet these needs through a carefully sequenced educational component and a network of supporting services -- medical, dental, nutritional, mental health, social services, and parent participation tailored to the specific capabilities of each child. addition, children with disabilities are to receive special education, therapy, or other services, either within the Head Start program or as provided by other agencies. Parents of these children with disabilities also receive training, counseling, and support services.

Mainstreaming - By functioning in an integrated group during the early years, the child with disabilities can learn the ways of the world and some of the problems to be faced. Being with non-disabled children at an early age fosters social interaction and motivates children with disabilities to participate more actively with others. As a result of these experiences, the child will begin to develop a sense of control over his or her own life and an ability to function among other people in spite of the disability.

Preschool programs which integrate children with disabilities give them a chance to play and learn with children who will some day be their co-workers, friends, and neighbors. Both groups



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benefit most from being together on a regular basis during the years when their attitudes and perceptions of themselves and others are most pliable. The non-disabled child will gain a greater understanding of the range of human differences and will learn to enjoy being with other children who manifest different characteristics and capabilities.

Experience in Head Start since 1972 has corroborated the positive effects of mainstreaming on developmental gains and social interaction and the lack of negative effects which are reported in the literature for the early childhood special education field as a whole. Mainstreaming is in the best interests of most children with disabilities. The IEP is the determining factor. There are a few children who, at least initially, may do better in a home-based or in a part-time A home-based option can provide the necessary bridge between the family and the non-disabled peer group. Others benefit from a flexible approach and may spend part of the week in a special program and part in a mainstream program. with disabilities are not over-represented in home-based programs, as Head Start policy requires that the child with disabilities be placed in an integrated classroom setting as soon as appropriate.

Head Start continues to be the largest program that includes preschool children with disabilities in group experiences with non-disabled children on a systematic basis. In 1988, all Head Start programs had mainstreamed at least one child with disabilities.

Special Services - Children with disabilities have special needs which require special services. They may also require special equipment, materials, or modification of existing facilities. The special services required may be provided through Head Start, through outside agencies, or through a combination of both. Table 4 reports comparative levels for special services provided to children with disabilities and their parents in 1986, 1987 and 1988 by reporting Head Start programs.



TABLE 4

# Three Year Comparison of Special Services Provided to Children With Disabilities Enrolled in Full Year Reporting Head Start Programs

Services Provided	<u>1986</u>	<u>1987</u>	1988
Total number of children who received special education or related services from Head Start staff	60.055		
Start Starr	62,255	65,276	65,740
Total number of children who received special services from other agencies	38,312	39,623	38,968
Total number of parents who received special services from Head Start related to their			
child's disability	36,965	36,861	36,368

## Special Services Provided by Head Start and Other Agencies

Head Start programs provide many special education and related services to children with disabilities. Head Start also provides services for children with disabilities in their programs through other agencies. These services include individualized instruction; psychological and physical therapy; medical or psychological diagnosis; evaluation or testing; individualized teaching techniques; speech therapy and language stimulation; transportation; education in diet, food, health and nutrition; assistance in obtaining special services included in the IEP; special teaching equipment; psychotherapy, counseling and behavioral management; medical treatment; special equipment for children; physiotherapy; and occupational therapy.



TABLE 5

# Children Receiving Special Education or Related Services From Head Start Only, Other Agencies Only or Both

Primary Disabling Condition	Head Start Only	Other Agencies Only	Both Head Start and Other Agencies
Blindness	13	4	100
Visual Impairment	355	84	760
Deafness	10	5	96
Hearing Impairment	351	47	930
Physical Disability	608	188	2,228
Speech Impairment	19,131	1,498	22,066
Health Impairment	1,557	499	4,401
Mental Retardation	879	95	1,755
Emotional Disturbance	1,054	134	1,683
Learning Disability	1,263	188	2,207
	<del></del>	<del> </del>	<del></del>
Total	25,221	2,742	36,226
	(39.3%)	(4.3%)	(56.4%)

As indicated in Table 5, 39.3 percent of the children with disabilities served received special education or related services from Head Start only; 4.3 percent received such services from another agency only; and 56.4 percent received special services to help overcome the disability from both Head Start and another agency. In the previous program year, 1986-1987, 54.7 percent of the children received special education or related services from both Head Start and other agencies. While the percent of children receiving services from other agencies declined very slightly, it is significant that more than half of the children with disabilities enrolled were receiving services from other agencies as well as from the Head Start programs which enrolled them. This level of coordination represents considerable attention devoted to arranging for cooperative efforts.



# Special Services Provided by Head Start to Parents Whose Disabled Children Participate in Head Start

Head Start programs offer special services to all parents of children with disabilities in addition to the services offered all parents, such as the opportunity to observe and participate in the program and the opportunity to serve on the Policy Council. Each year, most of the parents of children with disabilities have accepted and used special services designed to help them understand their children's special problems and the effects of the disability on development and learning. These services include: referrals to other agencies, counseling, conferences with technical staff and other meetings, literature or special teaching equipment, visits to homes and hospitals, transportation, parent meetings, assistance in securing medical services, workshops on school services, special classes, and other services.

Coordination of Special Services - High quality services for children with disabilities require the cooperation of staff in each of the Head Start program components -- education, health, social services, and parent involvement. In order to assure coordination, Head Start has recommended that a coordinator of services for children with disabilities be designated on a fulltime or part-time basis. In 1988, 97 percent of the Head Start programs had a coordinator of services for children with disabilities. Over a third (36.7 percent) of these programs reported a full-time coordinator. About half (47.6 percent) reported a part-time coordinator, and 12.9 percent indicated that as a delegate agency they were served by a disabilities coordinator at the grantee level. Of the 1,287 programs reporting in 1988, 85.6 percent had a coordinator with a degree or license: 16 percent in early childhood/special education; 12 percent in special education; 8.1 percent in psychology; 5.8 percent in speech pathology/audiology; and 44 percent in some other area, including nursing, psychology and social work. A number had degrees in more than one specialty area.

Resource Access Projects (RAPs) - Head Start's commitment to individualization for all children, including those with disabilities, has provided the basis for integrating children with disabilities in a setting with non-disabled youngsters. Head Start's effort to serve children with disabilities, including those with severe disabilities, has placed an increased responsibility on grantees to locate and provide specialized services and staff training. In support of the Head Start mainstreaming movement, the Head Start Bureau has established a network of 10 Resource Access Projects (RAPs) to serve Head Start program in each Region throughout the nation.



In 1986, the 10 RAPs began providing services to Migrant grantees. Since 1986, Indian programs in five western States have received technical assistance and training from the American Indian Programs Branch Resource Center, which also provides assistance in serving non-disabled children.

During the 1987-1988 program year, the RAPs emphasized establishing working relationships with many kinds of State, local and Regional organizations and agencies, and the fostering of jointly planned training conferences. It is the responsibility of each RAP to assist Head Start in working with children with disabilities. Activities performed by each RAP are based on annual assessments of grantee needs and include the following:

- o identifying local, Regional and national resources;
- o determining local Head Start needs and matching these needs with available resources;
- o coordinating the delivery of services to Head Start programs;
- o providing training and technical assistance;
- promoting and facilitating collaborative efforts and interagency agreements between Head Start and other agencies; and
- o providing resource materials to Head Start grantees.

Additionally, the RAPs have responsibility for providing training, including the use of the eight resource manuals in the series, <u>Mainstreaming Preschoolers</u>. The manuals focus on mainstreaming in Head Start and spell out techniques that can be used by teachers and parents in working with children with disabilities. The RAPs are responsible for conducting a minimum of one workshop per State each year and have been designated as the primary mechanism for dissemination of the <u>Mainstreaming Preschoolers</u> series.

Progress reports show that the RAPs offer training annually and disseminate information at least monthly to all programs. Consistently high numbers of teachers and others trained, information requests filled and interactions carried out with personnel of other key agencies, especially State Education Agencies, have been reported. Analysis of the progress reports for the 1987-1988 program year corroborates the extensive specific information on the impact of the RAPs that was gathered and validated by site visits during the years 1973-1985 by a third party contractor.



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The RAP training and the <u>Mainstreaming Preschoolers</u> manuals not only have been widely acclaimed throughout the Head Start community, but have also achieved recognition far beyond the Head Start programs for which they were primarily intended. The manuals have been sent to other Federal agencies, national professional associations, volunteer organizations that provide services to children with disabilities, and State Education Agencies. They are also being used in public schools, day care programs, universities and other organizations. The series has been shared with foreign governments as well.

A list of the 10 RAPs and the American Indian Programs Branch Resource Center is provided in Appendix B.

#### D. Coordination With Other Agencies

Other major foci of the RAPs include promoting collaboration between Head Start and other programs and agencies serving children with disabilities and facilitating the inclusion of Head Start in State plans for serving children with disabilities as supported under P.L. 99-457. In 1974, an interagency agreement between ACYF and the Office of Special Education Programs in the Department of Education designated the RAPs as liaison between Head Start and the State Education Agencies (SEAs). have been facilitating the participation of Head Start grantees in the development or updating of the State plans for preschool children with disabilities which are supported under P.L. 94-142. Formal collaborative agreements describing how Head Start and SEAs will coordinate services to preschool children with disabilities are now in place in 49 States or Territories. new or updated written agreements were signed during the 1986-1987 program year between Head Start and the State Education Agencies in Nebraska, Massachusetts, Missouri and the Virgin During the 1987-1988 program year, new or substantially revised agreements were concluded with State Education Agencies in Texas, Alabama, and Maryland. Many agreements call for an annual update of action plans. In a number of States, the action plans were updated. However, agreements became obsolete in some States because of staff turnover, policy and legislative changes and other changed circumstances. New agreements are being pursued in these instances. Agreements with some of the former Pacific Territories that have declared independence have been terminated.

Local level agreements are also important to enabling Head Start to serve children with disabilities. About 97 percent of the programs reported having written or informal agreements with local education agencies (LEAs) or other agencies regarding services for children with disabilities. A total of 1,555 Head Start programs (82.6 percent) had written or informal agreements



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with LEAs regarding services to be provided to children with disabilities in Head Start. A total of 1,539 (81.8 percent) of the Head Start programs had such written or informal agreements with agencies other than LEAs. Head Start uses cooperative arrangements widely at the local level, often receiving valuable assistance such as resource teachers, related services, and training.

Agreements with local education agencies can play an important role in facilitating the transition of Head Start children into the public schools. The agreements cover areas of mutual interest and concern including Child Find, screening, training, transportation, participation in IEP preparation, and sharing of specialists.

The results of Head Start's work with children with disabilities and their families show sustained commitment to providing appropriate services to meet the dual needs caused by economic disadvantage and disabling conditions. During the 1987-1988 program year, the Head Start program continued to be a model for the nation in integrating disabled and non-disabled children in a developmental program with education, health (medical, dental, nutrition, and mental health), social services, and active parent participation. In addition, the Head Start program demonstrated community involvement on a broad scale by working closely with public schools and other agencies with common concerns for children and families with special needs.

#### APPENDIX A

#### Diagnostic Criteria for Reporting Children With Disabilities in Head Start

All children reported in the following categories\* must have been diagnosed by the appropriate professionals who work with children with these conditions and have certification and/or licensure to make these diagnoses. These professionals must take into consideration the cultural and/or ethnic characteristics of the Head Start children.

To be counted as disabled in Head Start, children must meet two criteria. They must have one of the following disabling conditions (by professional diagnosis) and, by reason thereof, require special education and related services:

Blindness - A child shall be reported as blind when any of the following exists: (a) the child is sightless or has such limited vision that he/she must rely on hearing and touch as his/her chief means of learning; (b) a determination of legal blindness in the State of residence has been made; (c) central acuity does not exceed 20/200 in the better eye, with correcting lenses, or whose visual acuity is greater than 20/200, but is accompanied by a limitation in the field of vision such that the widest diameter of the visual field subtends an angle of no greater than 20 degrees.

Visual Impairment (Disability) - A child who is not blind shall be reported as visually impaired if: (a) central acuity, with corrective lenses, does not exceed 20/70 in either eye; (b) visual acuity is greater than 20/70, but is accompanied by a limitation in the field of vision such that the widest diameter of visual field subtends an angle of no greater than 140 degrees or he/she suffers any other loss of visual function that will restrict learning processes, e.g., faulty muscular action. Not to be included in this category are persons whose vision with eyeglasses is normal or nearly so.

<u>Deafness</u> - A child shall be reported as deaf when any one of the following exists: (a) his/her hearing is extremely defective so as to be essentially non-functional for the ordinary purposes of life; (b) hearing loss is greater than 92 decibels (ANSI 1969) in the better ear; (c) legal determination of deafness has been made in the State of residence.



<sup>\*</sup> Multiple Disabilities: Children will be reported as having multiple disabilities when, in addition to their primary or most disabling disabilities, one or more other disabling conditions are present.

Hearing Impairment (Disability) - A child shall be reported as hearing impaired when any one of the following exists: (a) the child has slightly to severely defective hearing, as determined by his/her ability to use residual hearing in daily life, sometimes with the use of a hearing aid; (b) the child has hearing loss from 26-92 decibels (ANSI 1969) in the better ear.

Physical Disability (Orthopedic Disability) - A child shall be reported as crippled or with an orthopedic disability who has a condition which prohibits or impedes normal development of gross or fine motor abilities. Such functioning is impaired as a result of conditions associated with congenital anomalies, accidents, or diseases. These conditions include, for example, spina bifida, lost or deformed limbs, burns which cause contractures, and cerebral palsy.

Speech Impairment (Communication Disorder) - A child shall be reported as speech impaired with such identifiable disorders as receptive and/or expressive language impairment, stuttering, chronic voice disorders, and serious articulation problems affecting social, emotional and/or educational achievements; or speech and language disorders accompanying conditions of hearing loss, cleft palate, cerebral palsy, mental retardation, emotional disturbance, multiple disabling conditions, and other sensory and health impairments. This category excludes conditions of a transitional nature consequent to the early developmental processes of the child.

<u>Health Impairment</u> - The impairments refer to illness of a chronic nature or with prolonged convalescence including, but not limited to, epilepsy, severe asthma, severe cardiac conditions, severe allergies, blood disorders (e.g., sickle cell disease, hemophilia, leukemia), diabetes, neurological disorders, or autism.

Mental Retardation - A child shall be considered mentally retarded who, during the early developmental period, exhibits significant sub-average intellectual functioning accompanied by impairment in adaptive behavior. In any determination of intellectual functioning using standardized tests that lack adequate norms for all racial/ethnic groups at the preschool age, adequate consideration should be given to cultural influences as well as age and developmental level (i.e., finding of a low I.Q. is never by itself sufficient to make the diagnosis of mental retardation).

<u>Serious Emotional Disturbance</u> - A child shall be considered seriously emotionally disturbed who is identified by professionally qualified personnel (psychologist or psychiatrist) as requiring special services. This definition would include,



but not be limited to, conditions that indicate the child is: dangerously aggressive towards others, self-destructive, severely withdrawn and non-communicative, hyperactive to the extent that it affects adaptive behavior, severely anxious, depressed or phobic, or psychotic.

Special Learning Disabilities - These disabilities refer to a disorder in one or more of the basic psychological processes involved in understanding or in using language, spoken or written, which may manifest itself in imperfect ability to listen, think, speak, read, write, spell or do mathematical calculations. Such disorders include such conditions as perceptual disabilities, brain injury, minimal brain dysfunction, dyslexia, and developmental aphasia. Not included are learning problems which are primarily the result of visual, hearing, or motor disabilities, of mental retardation, of emotional disturbance, or of environmental disadvantage. For preschool children, precursor functions to understanding and using language, spoken or written, and computational or reasoning abilities are included. (Professionals considered qualified to make this diagnosis are physicians and psychologists with evidence of special training in the diagnosis of learning disabilities and special educators with at least Master's degrees and evidence of special training in the diagnosis of learning disabilities.)



#### APPENDIX B

### Resource Access Project Network

	States Served	Resource Access Project (RAP)
I	Connecticut Maine Massachusetts New Hampshire Rhode Island Vermont	Education Development Center, Inc. 55 Chapel Street Newton, Massachusetts 02160
II	New Jersey New York Puerto Rico Virgin Islands	New York University School of Continuing Education 48 Cooper Square, Room 103 New York, New York 10012
III	Delaware District of Columbia Maryland Pennsylvania Virginia West Virginia	University of Maryland University College University Boulevard at Adelphi Rd Hyattsville, Maryland 20742
IV	Florida Georgia North Carolina South Carolina Alabama Kentucky Tennessee	Chapel Hill Training-Outreach Suite 105 800 Eastowne Drive Chapel Hill, North Carolina 27514
	Mississippi	(subcontract) Friends of Children Head Start 119 Mayes Street Jackson, Mississippi 39213
v	Illinois Indiana Ohio	University of Illinois Colonel Wolfe School 403 East Healey Champagne, Illinois 61820
	Michigan Minnesota Wisconsin	(subcontract) Portage Project 626 East Slifer Street Portage, Wisconsin 53901



<u>HHS</u> <u>Region</u>	States Served	Resource Access Project (RAP)
VI	Arkansas Louisiana New Mexico Oklahoma Texas	Texas Tech University Special Project Division P.O. Box 4170 Lubbock, Texas 79409
VII	Iowa Kansas Missouri Nebraska	University of Kansas Medical Center Children's Rehabilitation Unit 26 Kansas City, Kansas 66103
VIII	Colorado Montana North Dakota South Dakota Utah Wyoming	University of Colorado at Denver Campus Box 193 P.O. Box 173364 Denver, Colorado 80217-3364
IX	Arizona California Hawaii Pacific Terri- tories	Southwest Human Development 1366 East Thomas Road Phoenix, Arizona 85014
х	Idaho Oregon Washington Alaska	Portland State University Division of Continuing Education P.O. Box 1491 Portland, Oregon 97207

## American Indian Programs: Resource Center

Arizona Three Feathers Associates
Colorado P.O. Box 5508
Montana Norman, Oklahoma 73070
Nevada
New Mexico
North Dakota
Oklahoma
South Dakota
Utah
Wyoming



#### APPENDIX C

#### Children With Disabilities in Head Start by State\* (or Geographical Entity)

#### Full Year 1987-1988

Otro trond description	Manual	Marile on a f	Downsont of
State (or	Number of	Number of	Percent of
Geographical	Grantees	Children	Enrollment
Entity)	and	Professionally	Profess-
	Delegate	Diagnosed as	sionally
	Agencies	Disabled	Diagnosed as
	Reporting	Through End	Disabled
		of Operating	Through End
		Year	of Operating
			Year
Alabama	37	1,279	11.31
Alaska	5	114	10.98
Arizona	20	455	11.56
Arkansas	4	943	13.89
California	140	4,791	11.54
Colorado	2	653	12.51
Connecticut	29	550	11.68
Delaware	5	114	10.36
District of			
Columbia	9	211	11.46
Florida	39	1,888	13.46
Georgia	42	1,357	11.09
Hawaii	5	247	15.46
Idaho	8	300	22.08
llinois	81	2,957	11.86
Indiana	40	1,318	17.58
Iowa	21	695	16.51
Kansas	22	632	17.64
Kentucky	48	1,667	14.63
Louisiana	44	1,491	13.71
Maine	13	566	20.78
Maryland	30	940	15.52
Massachusetts	35	1,336	15.02
Michigan	87	2,589	11.68
Minnesota	27	832	13.57
Mississippi	22	2,646	11.60
Missouri	23	1,509	15.80
Montana	9	181	13.51
Nebraska	16	370	16.48
Nevada	4	75	10.77
New Hampshire	6	122	14.54
New Jersey	30	1,268	12.66
New Mexico	23	540	13.64



#### APPENDIX C (Continued)

#### Children With Disabilities in Head Start by State\* (or Geographical Entity)

Full Year 1987-1988

<del></del>			
State (or	Number of	Number of	Percent of
Geographical	Grantees	Children	Enrollment
Entity)	and	Professionally	Profess-
	Delegate	Diagnosed as	sionally
	Agencies	Disabled	Diagnosed
	Reporting	Through End	as Disabled
		of Operating	Through End
		Year	of Operating
			Year
New York	151	3,935	14.55
North Carolina	43	1,733	14.80
North Dakota	8	102	13.71
Ohio	79	3,703	15.23
Oklahoma	24	1,201	15.22
Oregon	21	588	18.15
Pennsylvania	67	3,056	16.69
Rhode Island	8	219	14.78
South Carolina	16	837	12.24
South Dakota	7	165	13.28
Tennessee	29	1,446	15.34
Texas	84	3,012	12.43
Utah	12	307	13.79
Vermont	7	155	15.04
Virginia	40	986	14.38
Washington	31	698	13.78
West Virginia	29	831	18.65
Wisconsin	36	960	11.97
Wyoming	5	120	15.95
Puerto Rico	35	2,434	11.54
Virgin Islands	1	109	9.64
Pacific			
Territories **	9	264	5.05
Indian Programs	108	2,057	13.15
Migrant Programs	66	2,186	10.02
TOTAL	1,842	65,740	13.30

<sup>\*</sup> State data exclude Migrant and Indian Programs



<sup>\*\*</sup> Includes Head Start programs in the Commonwealth of Northern Mariana Islands, Palau, Ponape, Truk, Guam, American Samoa, and Yap